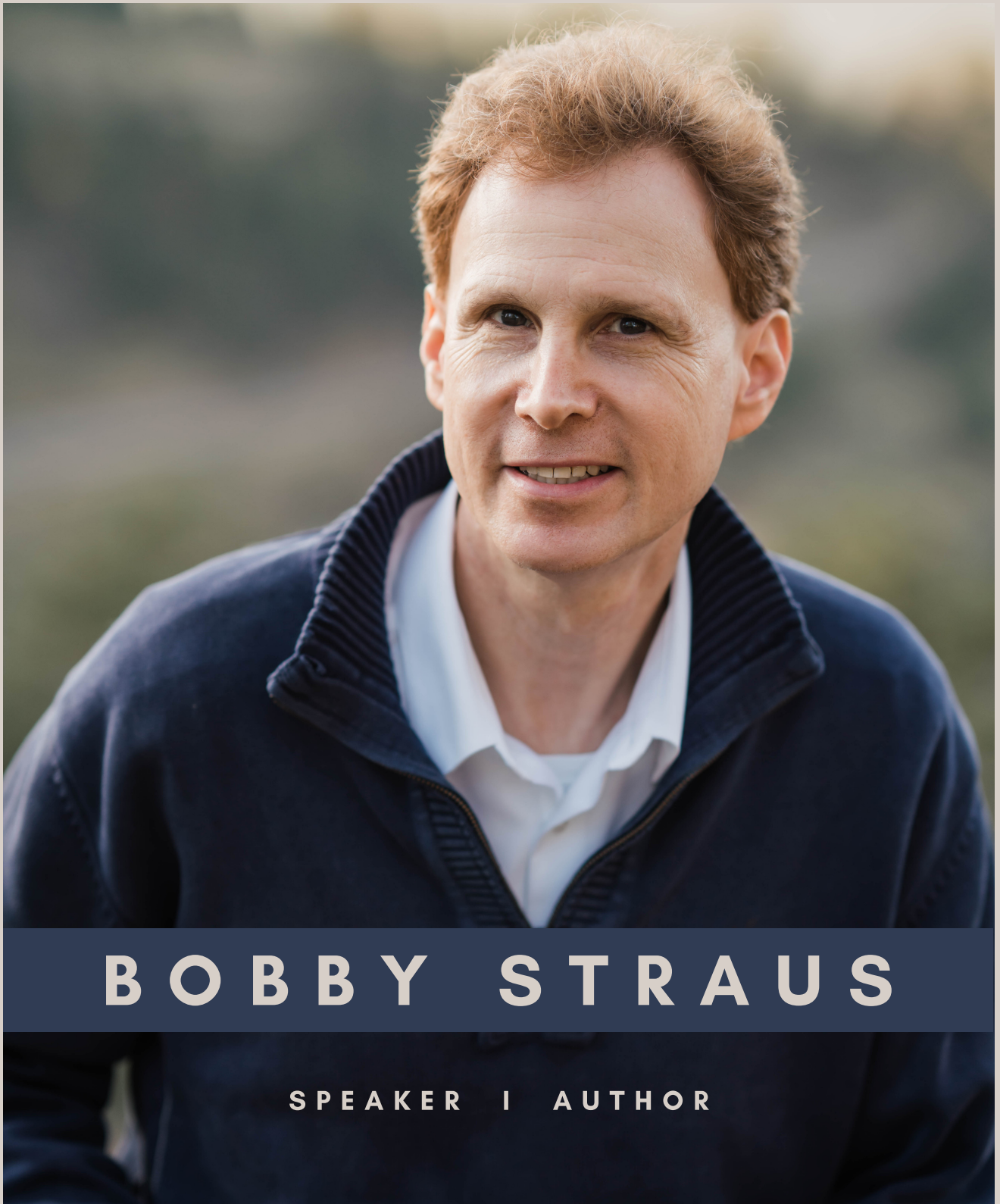


COMPASSION - UNDERSTANDING - INSPIRATION - HOPE



BOBBY STRAUS

SPEAKER | AUTHOR

INSPIRING OTHERS THROUGH PERSONAL EXPERIENCE

WWW.BOBBYSTRAUS.COM

MEDIA KIT

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WWW.BOBBYSTRAUS.COM



BOBBY STRAUS

BIO

Bobby Straus is an experienced and expert speaker about depression and bullying for providers of mental health services, educators, law enforcement, corporations and more. Bobby inspires and educates through his own personal experience with depression and bullying. Bobby says, "after decades of suffering from depression and coming dangerously close to losing the battle, I have made it my life's pursuit to raise awareness about what it is like to have the disease, eliminate the perception that a person can just get over it and advocate for greater research into treating and curing depression." Bobby has recently authored a book called, *In Search of A Way Out, A True Story of Bullying, Depression and A Journey Toward Hope*. © 2020

In addition, Bobby has spent more than thirty years working in the high stakes, high stress financial markets. From his early days trading on the American Stock Exchange to years as a professional money manager and Investment Advisor, he has survived and succeeded in one of the most intensely competitive industries in the world.

Along the way, he has been a guest on CNBC, Bloomberg Business News Radio and Fox Business Channel. He has been quoted in the Wall Street Journal, The New York Times, Fortune Magazine and Barron's. Bobby has earned a BA from New York University, an MBA from the University of Denver and is a CFA Charterholder.

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BOBBY'S MISSION

Struck down by depression and living to tell the story. Bobby Straus is educating through his personal experience.

Bobby says, "after decades of suffering from depression and coming dangerously close to losing the battle, I have made it my life's pursuit to raise awareness about what it is like to have the disease, eliminate the perception that a person can just get over it and advocate for greater research into treating and curing depression."

Bobby also provides community work by participating in events such as the Suicide Prevention Walk at Arapahoe High School, which is in his own community. Bobby has also supported other professionals who are working to help those who have been touched by depression and more.

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SPEAKING AND TRAINING INFORMATION

I am an experienced speaker about depression and bullying for educators, high school students, mental health facilities, hospital in-patient and out-patient units, and for corporations.

SPEAKING ENGAGEMENTS

- CHARLES SCHWAB ABILITIES NETWORK
- REGIS UNIVERSITY
- CHERRY CREEK HIGH SCHOOL
- DENVER UNIVERSITY
- BEHAVIOR HEALTH & WELLNESS CENTER
- UNIVERSITY OF COLORADO DENVER
- NAMI
- PORTER ADVENTIST HOSPITAL
- DENVER HEALTH
- THE MEDICAL CENTER OF AURORA
- DENVER SPRINGS
- MENTAL HEALTH CENTER OF DENVER

CERTIFIED TRAINING

CERTIFIED BY NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) IN THE FOLLOWING:

- IN OUR OWN VOICE
- ENDING THE SILENCE
- NAMI SMARTS FOR ADVOCACY

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TAKEAWAYS

- Gain a clear picture of specifically what depression is.
- Understand the progressive nature of the disease.
- Realize that there truly is a reason to have hope for the future.
- Walk away with the key to maintaining the will to keep going.

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TESTIMONIALS

"After hearing Bobby speak I realized I wasn't the only one with a family member who was suffering from depression."

- Business Professional

"After hearing Bobby I plan on helping myself by taking better care of my daily health habits."

- Young Adult Male, National Alliance On Mental Illness (NAMI) "In Our Own Voice" presentation attendee

"Thank you Bobby, it helped to hear your story."

- Cherry Creek High School, Student

"After Bobby spoke I felt that I had more hope."

- Anonymous, In-Patient Porter Hospital

"Thank you for telling your story Bobby, you show courage."

- NAMI Colorado



Cherry Creek High School

We Value Scholarship, Leadership and Citizenship



UNIVERSITY of
DENVER



University of Colorado
Denver



**Behavioral Health
& Wellness Center**

A Campus of
The Medical Center of Aurora

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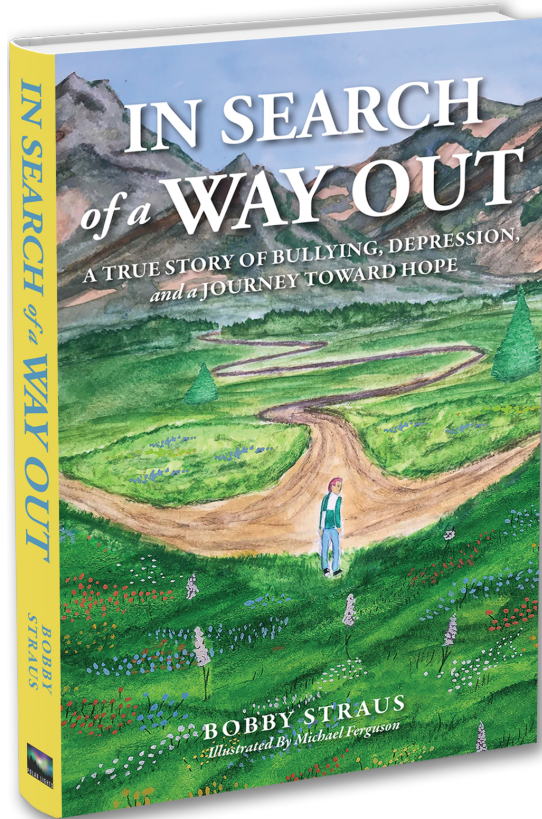
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IN SEARCH OF A WAY OUT

A TRUE STORY OF BULLYING, DEPRESSION AND A
JOURNEY TOWARD HOPE
WRITTEN BY: BOBBY STRAUS



Bobby gathered every bit of strength he had left—almost none—to get out of bed and go to work. Forty-five years ago, the slow, steady advance of depression had begun, and now it had exploded. The hope he had somehow managed to hold onto for so long had finally withered away. He could no longer see a path forward. All roads closed. Total darkness. Through sheer force of will, Bobby made it to the office, sat down at his desk and turned on the computer. Less than an hour later, emergency personnel carried him out of the office on a stretcher. He was 51 years old. Depression's triumphant day had finally arrived. The journey had just begun.

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IMPORTANT NOTE:

Any information and content in this kit, on my website www.bobbystraus.com, my blog, and in my book, *In Search of A Way Out: A True Story of Bullying, Depression and A Journey Toward Hope* © 2020, are not intended to be medical advice, nor is the information a substitute for professional medical treatment. In a crisis? Call the National Suicide Prevention Lifeline toll free call 800-273-TALK (8255) available 24/7 to speak with a trained crisis counselor.

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