

BOBBY STRAUS

AUTHOR | SPEAKER



Inspiring others through personal experience.

After hearing Bobby it helped me.
 - High School Student Bobby gave me hope.
 - Porter Hospital In-Patient

I want my staff to hear Bobby.
 - Denver University Dir. Assessabilities

Bobby Straus is an experienced and expert speaker about depression and bullying for providers of mental health services, educators, students, corporations and more. Bobby inspires and educates through his own personal experience with depression and bullying. Bobby says, "after decades of suffering from depression and coming dangerously close to losing the battle, I have made it my life's pursuit to raise awareness about what it is like to have the disease, eliminate the perception that a person can just get over it and advocate for greater research into treating and curing depression." Bobby has recently authored a book called, *In Search of A Way Out, A True Story of Bullying, Depression and A Journey Toward Hope*. © 2020



University of Colorado
Denver



SEGMENT IDEAS:

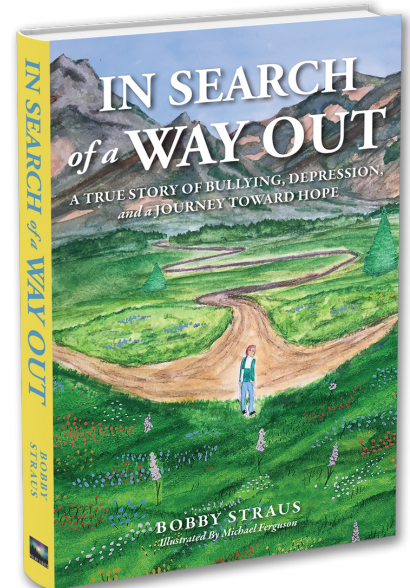
TELEVISION | RADIO | PODCASTS

1. Depression and COVID: Isolation and how it affects mental health.
2. Finding hope for depressed people during COVID.
3. Behind the COVID mask. Breaking the stigma of depression.
4. Bullying and depression go hand-and-hand.
5. Starting the conversation about depression and bullying.

SAMPLE QUESTIONS:

TELEVISION | RADIO | PODCASTS

1. How is COVID affecting depressed people during isolation?
2. What can depressed people do to find hope during COVID?
3. How do we break the stigma of depression?
4. What are your thoughts on virtual learning for kids during COVID? How does it impact their mental health?



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